

## JSHS Lunch

# SEPTEMBER 2018

| Sunday    | Monday   | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday  |
|-----------|--|---|--|---|--|-----------|
|           | Alternate Options<br>Salad Bar Cold Sandwich   |   | Menu subject to change<br>due to weather or delivery   |   |  | <b>1</b>  |
| <b>2</b>  | <b>3</b> Labor day   | <b>4</b> Calzone or Bosco Sticks<br>Baked Beans<br>Broccoli<br>Variety Fruit<br>Milk                                      | <b>5</b> Chicken Patty/ bun<br>Hamburger/ bun<br>Tator tots<br>Salad/ dressing Corn<br>Variety fruit Milk                    | <b>6</b> Chef's choice or Boneless wings & roll Italian Carrots<br>Green Beans<br>Variety Fruit<br>Milk                 | <b>7</b> Pancakes/ Sausage or<br>Cheesy Bread Potato Cubes<br>Orange Medley<br>Variety Fruit<br>Milk             | <b>8</b>  |
| <b>9</b>  | <b>10</b> Tenderloin or Cheese<br>Burger/ Wg bun Ranch Fries<br>Glazed Carrots<br>Tomato Lettuce<br>Variety Fruit Milk                 | <b>11</b> Cheesy bread or Fish<br>Baked Beans<br>Broccoli Slaw<br>Variety Fruit<br>Milk                                   | <b>12</b> Tangerine Chicken or<br>Orange Chicken Salad Corn<br>Rice Romaine/dressing<br>Variety Fruit<br>Milk                | <b>13</b> Taco Salad/ Chips or Wrap<br>Taco meat Chop lettuce & Tomato<br>Refried Beans<br>Variety Fruit<br>Milk        | <b>14</b> Cheese or Pepperoni<br>Pizza<br>Green Beans<br>Baby Carrots<br>Variety Fruit Milk                      | <b>15</b> |
| <b>16</b> | <b>17</b> Beef Taco Pie or Rib/ bun<br>California Blend Peas<br>Cookie<br>Variety Fruit<br>Milk  | <b>18</b> Toasted Cheese or<br>Garlic Flat Bread pizza<br>Sweet Potato cubes<br>Broccoli Salsa<br>Variety Fruit Milk      | <b>19</b> Chicken Nuggets or<br>Popcorn Chicken/ Roll Corn<br>Mashed Potatoes/ Gravy<br>Variety Fruit<br>Milk                | <b>20</b> Cheeseburger or<br>Tenderloin/ wg bun Fries<br>Lettuce Tomato<br>Baked Beans Orange Med<br>Variety Fruit Milk | <b>21</b> Ravioli/ Garlic toast or<br>Egg Rolls/ Sauce<br>Romaine/ dressing<br>Green Beans<br>Variety Fruit Milk | <b>22</b> |
| <b>23</b> | <b>24</b> Chicken leg/ Roll or<br>Southern Style Pork Chop/ Gravy<br>Glazed Carrots Potatoes<br>Spinach/dressing<br>Variety Fruit Milk | <b>25</b> Pizza Burger or<br>Quesadilla Baked Beans<br>Mixed Greens/ dressing<br>Sweet Potato fries<br>Variety Fruit Milk | <b>26</b> English Muffin/ Sausage/<br>Egg Patty or French Bread Pizza<br>Potato Cubes<br>Orange Medley<br>Variety Fruit Milk | <b>27</b> Chicken patty/ bun or<br>Boneless Wings<br>Cheesy Calif blend<br>Romaine/ dressing<br>Variety Fruit Milk      | <b>28</b> Baked Potato & Bosco<br>Fajita Chix or Taco meat<br>Marinara Broc/ Cheese<br>Fruit Slushie<br>Milk     | <b>29</b> |
| <b>30</b> |  | <b>Notes:</b><br><br><div style="text-align: right; font-size: small;">© 2014 Vertex42 LLC</div>                          |  |   |  |           |